

# SCHOOL BASED SPECTRUM OF PREVENTION READINESS MODEL

## Adopting and Influencing School Policy

*At this level of the Spectrum, work associated with adopting and influencing school district policy means identifying needs and strength in awareness, education, practice, and prevention of sexual assault, dating violence, domestic violence and stalking. Working together as a community of learners, parents, and educators, changes to board policies and regulations at the local district level that address student disclosures, bystander education and prevention strategies and protocol for district employees can have a positive impact on the mental and physical well-being of secondary students.*

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## Schools Fostering Coalitions and Networks with Parents and Community

*At this level, schools fostering coalitions and networks with parents and the broader community means creating or strengthening the ability of faculty, staff, parents, and all constituents to join together to maximize expertise and resources on preventing violence and abuse.*

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## Changing and Modifying School Based Practices

*Prevention at this level of the Spectrum involve changing and modifying school-based practices, adjusting curriculum, instructional practices, scheduling, rules and regulations, and routine practices in order to improve prevention and intervention efforts against violence and abuse in secondary students.*

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## School Faculty and Staff Education and Professional Practice

*Promoting education and training to school faculty and staff means educating and providing critical information to those who influence others working in the injury prevention arena, whether they be certified staff, paraprofessionals, food service, building maintenance, or transportation service provider. It is critical to ensure that those who provide instruction, advice, or serve as role models have the information, skills, and motivation to effectively communicate and demonstrate bullying and gender violence prevention strategies with youth, parents, colleagues, and policy makers.*

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## Strengthening Student Knowledge, Awareness and Skills

*Strengthening students' knowledge and skills means assisting and encouraging all secondary students to increase their knowledge and capacity to recognize the warning signs of relational and dating abuse, promote healthy relationships by avoiding abusive and violent behaviors, demonstrate gender respect among all peers, and establish a peer culture whereby social norms support active, pro-social bystander behaviors that confront bullying and gender violence. (e.g., Mentors in Violence Prevention Model; <http://www.mvpstrat.com/>)*

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